

## County Opens Mental Health Urgent Care Clinic



Sacramento County officially opened a Mental Health Urgent Care Clinic in November 2017 that takes a new approach to mental health crises.

The innovative clinic will provide mid-level service that will help stabilize community members who are experiencing a mental health crisis with same day interventions.

Services include clinical, psychiatry and recovery services, alcohol and drug screening, medication and peer support.

Once stabilized at the clinic, staff will make appropriate referrals for on-going mental health support and services.

The opportunity to intervene at the start of a crisis may help staff reduce the impact a mental health crisis might have on patients including housing, broken/disrupted relationships, and/or incarceration. Additionally, the clinic may reduce the impact on hospital emergency departments and psychiatric hospitalizations.

Located at 2130 Stockton Boulevard, the Mental Health Urgent Care Clinic will be open seven days a week, 10 a.m. – 10 p.m., Monday-Friday and 10 a.m. – 6 p.m., weekends and holidays.

The clinic is funded by the Mental Health Services Act (MHSA).



## VISITOR SERVICES TEAM Serving You on the Parkway

Sacramento County Regional Parks has a new program to enhance your experience on the American River Parkway.

The Visitor Services Team is staffed by Park Ranger Assistants, and they're here to help! Two teams consisting of two staffers are located at two locations on the American River Parkway: one between Discovery Park and Watt Avenue, and the second from Watt Avenue to Hazel Avenue.

The teams may either be under a pop-up tent or riding a bike along the multi-use trail. They can assist Parkway visitors with directions, first aid or general questions about the Park system.

Team members invite American River Parkway visitors to stop, say hello and ask questions! They are on the Parkway morning and afternoon, seven days a week.



## County Receives Funding to Improve Roads

The Sacramento County Department of Transportation (SACDOT) has its sights set on a long list of road improvement projects in the 2017-18 fiscal year. With the passage of Senate Bill 1 (SB1), SACDOT was awarded \$7.3 million from the State to fund two dozen maintenance, road and bridge rehabilitation, safety and complete street projects throughout the unincorporated area.

SB1, also known as “The Road Repair and Accountability Act of 2017”, will provide much of the funding through new gas taxes and vehicle fees. While SACDOT will receive \$7.3 million to start, this amount will increase in future years. The County expects to receive an average of more than \$24 million per year over the next 10 years for future projects.

With the SB1 funds, SACDOT expects to take a big bite out of the county’s \$450 million of ongoing roadway maintenance and rehabilitation needs, and \$300 million of pedestrian, bicycle and disability access improvements.

An example of one of the projects slated to receive funding is the Folsom



Boulevard Complete Street Improvements, Phase 1 Project. Located on the south side of Folsom Boulevard between Mayhew Road and Bradshaw Road, this project will create additional sidewalk space along Folsom Boulevard between Bradshaw Road and Mayhew Road. Once completed, the public will experience improved pedestrian safety with better lighting, pedestrian signal upgrades, and functional landscaping.

### Other projects include:

- » Pavement rehabilitation and rubberized asphalt concrete overlay on nine major streets including Fulton Avenue, Garfield Avenue, Antelope North Road, Eastern Avenue, El Camino Avenue, Marconi Avenue, Gerber Road, Goethe Road and Kiefer Boulevard.

- » Sidewalk repair and curb ramp installation in the Fruitridge and Elverta communities.
- » Replacement of four structurally deficient bridges in South Sacramento County on McKenzie Road and Lone Road, and in the Rio Linda area on Rio Linda Boulevard.
- » Installation of complete street improvements including sidewalks, bike lanes and ADA upgrades on Florin Road, Power Inn Road, 44th Street and Hurley Way.
- » Installation of new, energy-efficient LED street lights for pedestrian and traffic safety in neighborhoods in the Rosemont and Florin communities.
- » Traffic signal upgrades including new technology for enhanced safety, operations, signal coordination, and system monitoring and communications at 71 intersections along 12 major street corridors throughout the unincorporated area.

SB1 funds will help reverse the continued deterioration of the county’s roadway system. Once completed, these improvements will give travelers a better experience for years to come.

## Sign Up for Paperless Billing

Did you know Sacramento County Utilities offers a paperless billing option? Save time and money by signing up today!

Instead of receiving paper statements every other month, you’ll receive an email notification to let you know when your bill is ready and you can log on to download a PDF version of your bill. This is a great alternative, especially if you already pay your bill electronically.



### Benefits of Paperless Billing:

- » Access your bills online, anytime, anywhere you have internet access
- » Receive email notifications when your bill is ready
- » Make a one-time payment or enroll in EFT
- » View up to 24 months of account history

Paperless billing can make your life easier and signing up only takes a few minutes. To get started, visit the Consolidated Utilities Billing and Service’s website at [www.sacutilities.org](http://www.sacutilities.org). If you have questions, call **916-875-5555** or send an e-mail to [utilities@saccounty.net](mailto:utilities@saccounty.net).



## Bradshaw Animal Shelter Hits Goal Release Rates, Launches Wellness Program

Sacramento County's Bradshaw Animal Shelter is proud to announce the launch of a Wellness Program designed to increase the care of its animals, support of adopters and maintain the high release rates of shelter animals.

The Wellness Program has been designed to help get to and maintain a consistent live release rate of **90 percent or better**.

The timing couldn't be better: the Bradshaw Animal Shelter coming off three consecutive months of high live release rates – **October at 83 percent, November at 87 percent and December at 91 percent**.

### The Wellness Program includes:

- » Comprehensive animal behavior evaluation and rehab if needed
- » Medical care, special surgery and spay/neuter services
- » Foster care and animal rescue resources
- » Animal socialization team
- » Social media and community outreach
- » Community events – low cost services
- » In-depth adoption counseling and follow-up support



### How can you help?

- » Visit the website at [www.BradshawShelter.net](http://www.BradshawShelter.net):
  1. Click on "**Adoptable Pets**" to view available animals.
  2. Click on "**Lost/Found Pets**" to see if your pet was found and turned into the shelter.
  3. To donate money, supplies or sponsor the adoption fees of the animals, click on "**Donate and Sponsorship**."
  4. Interested in volunteering or becoming a foster parent? Click on "**Volunteering and Fostering**."

## Starting a Small Business? Free Help Available!

Does the thought of owning and operating a small business appeal to you? Perhaps you love to cook and have considered opening your own restaurant. Where do you begin?



Start by contacting Linzie Fukushima, who manages Sacramento County's Small Business Liaison Program (SBLP), at [fukushimal@sacounty.net](mailto:fukushimal@sacounty.net) or **916-874-7414**.

The SBLP began in 2016 to help with the issues around starting a small business.

Multiple aspects, from the business plan and marketing plan, to facility permitting and other government regulations, require attention and planning to secure financing and success.

There are also multiple government levels and agencies that will impact the business' roll-out.

Linzie assists potential owners in navigating this process.

For example, Linzie can guide you toward the right resources to strengthen your business plan, which will help in procuring

financing. Additionally, many nonprofits are eager to support many small businesses—Linzie can help with those connections.

Linzie is available to clients for the long haul. "If I have not heard from a client in a while, I will contact them just to check in and see if I can help them again. Quite often, they will say, 'I'm glad you called. Can you tell me how to move forward regarding this component?'"

For more information, visit the Small Business Liaison Program website at [www.economic.sacounty.net](http://www.economic.sacounty.net).



## Volunteers Needed!

Are you interested in making a difference in your community or gaining experience in a particular field? Consider volunteering at Sacramento County!

Whether it's directing customers at the airport, helping with events, assisting seniors, mentoring children, interviewing veterans, doing clerical tasks, or helping with animals, we have a project or service that can use your help.

Anyone can volunteer. Many positions do not require special skills and training is provided. For general information, call 311 or contact the department you are interested in helping.

## Sac County 311 Connect is Your Link to County Services

Where do you report an abandoned vehicle or broken street light? Or get information about County services? Get the information you need by submitting a request on the web at [www.311.sacounty.net](http://www.311.sacounty.net), through our mobile app or by calling 311. (916-875-4311 if calling from out of the area.)



Friendly and knowledgeable customer service representatives are available 24/7, 365 days a year to answer questions, route calls, and resolve issues.