



15 million

Americans provide unpaid care for people with Alzheimer's or other dementias.

Paula & Hermina

Alzheimer's Association

alzheimer's
association®

Latinos and women are among the populations disproportionately affected by Alzheimer's and other dementias. Paula Meza falls into both demographics, however, she was unfamiliar with Alzheimer's until her mother, Hermina, was diagnosed. Hermina's extensive medical needs in addition to working full time and being a student, quickly overwhelmed Paula.

Paula began to feel desperate and unfit to manage her mother's care. Then, a co-worker referred Paula to the Alzheimer's Association. Although hesitant, Paula quickly felt supported by receiving educational materials in Spanish and connecting with a Spanish speaking outreach coordinator who continues to check in with the Meza family.

WHAT YOUR DONATION SUPPORTS

- **\$20 can provide** a caregiver notebook to a family dealing with Alzheimer's.
- **\$50 allows** one patient to be registered for Medic Alert+, the Alzheimer's Association's Safe Return program.
- **\$150 can provide** a family with an in depth consultation to develop a customized care plan for their loved one diagnosed with Alzheimer's.

ABOUT COMMUNITY HEALTH CHARITIES

Community Health Charities is a nonprofit that raises awareness and resources for health and wellness by connecting more than 2,000 of the most trusted health charities across the United States with more than 17 million caring employees through workplace giving campaigns, causes, wellness programs, employee engagement, and strategic partnerships. Health has never been such an urgent priority: 77% of U.S. workers suffer from at least one long-term health condition, ranging from cancer to asthma — chances are someone you know is affected.