

## ORDER OF THE HEALTH OFFICER OF THE COUNTY OF SACRAMENTO DIRECTING ALL INDIVIDUALS LIVING IN THE COUNTY TO CONTINUE TO STAY AT HOME OR AT THEIR PLACE OF RESIDENCE AND DIRECTING CLOSURE OF CERTAIN ACTIVITIES

DATE OF ORDER: July 2, 2020

UNDER THE AUTHORITY OF CALIFORNIA HEALTH AND SAFETY CODE SECTIONS 101040, 101085, 120175, AND 120220, THE HEALTH OFFICER OF THE COUNTY OF SACRAMENTO ("HEALTH OFFICER") HEREBY ORDERS AS FOLLOWS:

- This order supersedes the June 29, 2020 Order of the Public Health Officer directing all individuals to stay at home ("prior Stay At Home"). This Order shall become effective at 3:00 pm on July 2, 2020 and will continue to be in effect until it is rescinded or amended in writing by the Health Officer.
- 2. Given current rates of transmission and increase in hospitalization in Sacramento County, there is a need to reduce non-essential gatherings where mixing and disease spread can occur.
  - a. All bars, brewpubs, breweries, wineries, tasting rooms and pubs must close and cease both indoor and outdoor operations.
  - b. Dine-in restaurants must close indoor seating to customers. During this closure all dine-in restaurants may continue to utilize outdoor seating and must comply with the <u>guidance for dine-in restaurants</u>. Restaurants should continue to encourage takeout and delivery service whenever possible.
  - c. Wineries and tasting rooms must close indoor services to customers. During this closure all wineries and tasting rooms must comply with the <u>guidance for restaurants</u>, <u>wineries</u>, <u>and bars</u>.
- d. Family entertainment centers and movie theaters must close Order of the Health Officer, July 2, 2020

indoor services and attractions to customers.

- i. Family entertainment centers may continue to provide outdoor services to customers, and must comply with the movie theaters and family entertainment centers.
- Drive-in movie theaters may continue to operate and should follow additional applicable guidance for retailers of <u>Drive-In</u> Movie Theaters.
- e. Indoor attractions at zoos and museums must close to visitors.
  - i. Zoos and museums may continue to operate outdoor attractions and must follow the <u>quidance for zoos, museums</u>.
- f. Cardrooms must close indoor services to customers and must follow the <u>guidance for cardrooms</u>.
- 3. The California Pandemic Resilience Roadmap classifies bars, pubs, breweries, brewpubs, dine-in restaurants, wineries and tasting rooms, family entertainment centers, zoos, museums, and cardrooms as Stage 2 or Stage 3 sectors with high risk of transmission due to a number of features of the businesses and the behaviors that occur within them. Public health studies have shown that the risk of transmission is exacerbated in indoor spaces, particularly when lacking appropriate ventilation. The sectors specified above, operating indoors, operate at the highest risk of all sectors allowed to reopen to date. These sectors are settings where groups convene and may mix with others for a prolonged period of time, increasing the risk of escalating the transmission rate of COVID-19. While physical distancing is critical to mitigating exposure, it is intended to protect an individual with brief exposures or outdoor exposures. In contrast to indoor spaces, wind and the viral dilution in outdoor spaces can help reduce viral load.
- 4. Bars, both indoor and outdoor, have additional risk factors. A bar, foundationally, is a social setting where typically not only small groups convene, but also where groups mix with other groups. Bars also have an added risk imposed by the consumption of alcohol as the primary activity offered in such venues. Alcohol consumption slows brain activity, reduces inhibition, and impairs judgment, factors which contribute to reduced compliance with recommended core personal protective measures, such as the mandatory use of face coverings and maintaining

six feet of distance from people in different households, both indoors and outdoors. Louder environments and the cacophony of conversation that are typical in bar settings also require raised voices and greater projection of orally emitted viral droplets.

5. This order follows the recommendation by the Governor on July 1, 2020 that all counties on the County Monitoring List for three or more consecutive days restrict indoor activities until further notice.

On June 24<sup>th</sup>, Sacramento County was placed on the county monitoring list after exceeding 10% increase in hospitalization for more than 3 consecutive days. The County monitoring Data Chart can be found at <a href="https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/COVID19CountyDataTable.aspx">https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/COVID19CountyDataTable.aspx</a>

6. Community spread of infection is of increasing concern in Sacramento County. In the week ending on June 27, 2020, there were 851 reported cases of COVID-19, far exceeding the initial peak of 205 cases reported in the week ending April 4, 2020. Moreover, the number of hospitalized cases has increased to a higher level than ever before in the pandemic (108 cases on July 1, as compared to 77 cases hospitalized on the previous high on April 4). Young adults aged 18 to 49 years constitute 70% of current cases, and the majority of cases are linked to private gatherings. Individuals with chronic underlying conditions are at increased risk of severe disease and hospitalization. Beyond impact to the general population, community spread increases the risk of outbreaks occurring in congregate settings with the vulnerable population, such as nursing homes, homeless shelters and jails. This can lead to high rates of hospitalizations and death and place a strain on hospital delivery system.

Gatherings in homes of individuals who don't shelter together is prohibited.

7. On June 18, 2020, the California Department of Public Health issued new guidance, which requires people to wear face coverings whenever indoors with certain exceptions. Guidance on this requirement is here: <a href="https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20">https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20</a> <a href="Library/COVID-19/Guidance-for-Face-Coverings">Library/COVID-19/Guidance-for-Face-Coverings</a> 06-18-2020.pdf A growing body of scientific research has shown that people with no or few symptoms of COVID-19 can still spread the disease and that the use of

face coverings, combined with physical distancing and frequent hand washing, will reduce the spread of COVID-19. As part of this Order the Sacramento County Health Officer continues to align the County face covering order with the State mandate.

8. CDC guidance for those experiencing homelessness outside of shelters should continue to be followed. To maintain public health and safety, local governments should allow people who are living unsheltered, in cars, RV's, and trailers, or in encampments on public property to remain where they are, unless the people living in those locations are provided with a) real-time access to individual rooms or housing units for households, with appropriate accommodations including for disabilities, and b) a clear plan to safely transport those households.

Do not cite persons experiencing homelessness for using cars, RV's, and trailers as shelter during community spread of COVID-19. Do not remove property from people experiencing homelessness, which includes their shelter (e.g., tents, vehicles, or other living structures), hygiene equipment, food supplies, water, and personal items. Items that people who are living unsheltered designate as trash and request to be removed can be disposed of, as can detritus which has spoiled.

Clearing encampments causes people to disperse throughout the community and break connections with service providers, increasing the potential for infectious disease spread.

Exceptions are encampments that pose an imminent and significant public safety hazard or adversely impact critical infrastructure as designated by local, state, or federal law, regulations, or orders.

- 9. As part of this Order, all other activities previously allowed under Stage 1 and Stage 2 as listed in Appendix B of this Order are explicitly still allowed in Sacramento County following guidance on Social Distancing Protocols in Appendix A.
- 10. This Order will take effect at **3:00 pm on July 2, 2020** and will be in effect until it is rescinded, superseded, or amended in writing by the Health Officer for Sacramento County.
- 11. <u>Copies of Order.</u> Copies of this Order shall promptly be: (1) made available at the County Administration Building at 700 H Street, Sacramento 95814, First Floor; (2) posted on the <u>Sacramento County</u>

<u>COVID-19 website</u> (<u>www.saccounty.net/COVID-19</u>) and County Health Department's website (<u>www.dhs.saccounty.net/PUB</u>); and (3) provided to any member of the public requesting a copy of this Order.

12. **Severability.** If any provision of this Order or the application thereof to any person or circumstance is held to be invalid by a court of competent jurisdiction, the remainder of the Order, including the application of such part or provision to other persons or circumstances, shall not be affected and shall continue in full force and effect. To this end, the provisions of this Order are severable.

Dated: July 2, 2020

## IT IS SO ORDERED:

Olivia Kasirye, MD, MS Health Officer of the County of Sacramento