



COVID-19 Holiday Safety Tips



Gatherings of families and friends, parties, and travel for fall and winter celebrations may put people at increased risk for COVID-19. A safe holiday includes celebrating at home and when in public, wearing a face covering, practicing social distancing and washing your hands often. Sacramento County Public Health recommends reducing the risk of spreading COVID-19 during the holiday season with the following:

Holiday travel

Persons arriving in CA from other states/countries, including returning CA residents, should practice self-quarantine for 14 days after arrival.

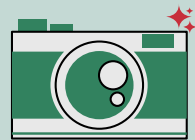
If you decide to travel:

- Get the flu vaccine.
- If flying, avoid peak hours, consider an evening flight
- Check to see if there are any COVID testing requirements or other restrictions at your destination before leaving.



Holiday Photos

- Late afternoon lighting is incredible by the river in Old Sacramento. The Capitol and the many parks throughout Sacramento also make great backgrounds.
- If you plan to take photos with Santa, be prepared and plan ahead. Visits and photos with Santa require making a reservation and wearing a face covering.
- Santa photos can also be done virtually



After the Gathering

If you think that you may have been exposed to COVID-19 during a gathering, take extra precautions for 14 days to protect others:

- Stay home as much as possible.
- Avoid being around people at increased risk
- Consider getting tested for COVID-19.



Activities to Avoid

- Shopping in crowded stores, try to shop before 10am or after 7:30pm
- Attending large events and gatherings
- Using alcohol or drugs, which can cloud judgement
- Hosting large indoor parties, if you have a gathering have it be outdoors and less than two hours.



Holiday Alternatives

- Greet others with an 'air hug'
- Prepare family recipes for family and neighbors and deliver to their doorstep
- Have a virtual dinner and share recipes
- Shop online
- Watch sports, parades, movies from home
- Visit tree farms where hand sanitizing, wearing of face coverings, and social distancing are being followed.
- Virtual visits and calls with holiday figures
- Virtual games and trivia



Viewing Holiday Displays

- Driving through the local neighborhoods to look at holiday lights can be a fun way to get out and feel the holiday spirit. Visit areas where you can stay in your car and drive through.
- If you do visit an area where walking is required, ensure that your household wears a face covering and maintains 6 ft. social distancing from other households.

