

Sacramento COUNTY COVID-19 COLLABORATIVE

**Free Community Resources
for those who have been
impacted by COVID-19**

- Food
- Health Care Insurance
- CalFresh
- Pregnancy and Parenting
- Assistance with Vaccine Appointments
- Free Mental Health Services (see other side)

For questions and immediate assistance, please email us at SacCollab@shfcenter.org.



The Sac Collab is a community partnership supported by the Sacramento County Division of Public Health, The Center at Sierra Health Foundation and multi-ethnic community-based organizations located in Sacramento County. To learn more, please visit saccollab.org.



THE CENTER
at Sierra Health Foundation



HearYou.org
Be Heard. Feel Better.